



STATE OF WEST VIRGINIA
DEPARTMENT OF HEALTH AND HUMAN RESOURCES
BUREAU FOR MEDICAL SERVICES



Office of Pharmacy Service
Prior Authorization Criteria

Northera™ (droxidopa)
Effective 11/16/2016

[Prior Authorization Request Form](#)

Northera is indicated for the treatment of orthostatic dizziness, lightheadedness, or the “feeling that you are about to black out” in adult patients with symptomatic neurogenic orthostatic hypotension (nOH) caused by primary autonomic failure [Parkinson’s disease, multiple system atrophy, and pure autonomic failure], dopamine beta-hydroxylase deficiency, and non-diabetic autonomic neuropathy. The continued effectiveness of Northera should be assessed periodically.

- 1.) Northera (droxidopa) must be prescribed by or in consultation with a specialist (i.e cardiologist or neurologist); AND
- 2.) Provider must document diagnosis of symptomatic neurogenic orthostatic hypotension (nOH) caused by primary autonomic failure associated with the following:
 - a. Disease states such as Parkinson’s disease, multiple-system atrophy, and pure autonomic failure OR
 - b. Dopamine beta-hydroxylase deficiency OR
 - c. Non-diabetic neuropathy

AND

- 3.) Provider submits documentation that the member has tried and failed both midodrine and fludrocortisone due to inadequate response or adverse effects.
- 4.) Continuation requests for treatment beyond 2 weeks must be accompanied by documentation of efficacy including a decrease in patient symptoms and periodic assessment of blood pressure.

References

- 1.) Lexi-Comp drug monograph for (Reviewed 9/08/2016)
- 2.) Northera package insert (08/2014)