# 2020 MANAGED CARE ANNUAL REPORT TO LOCHHRA

WV Medicaid Program





April 26, 2021

# **Table of Contents**

Executive Summary1
WV Managed Care Organizations and Geographic Service Areas
Managed Care Organization Provider Networks1
Providers by Provider Type
Providers by Specialty and Geographic Area2
Managed Care Enrollment2
Enrollment by MCO 2
Enrollment by Eligibility Group
Claims by Provider Type and Timeliness of Payment4
Denied and Pended Claims7
Claims Paid to Non-Network Providers7
Self-Selection vs. Auto-Enrollment8
Per-Member, Per-Month (PMPM) Payments and Total Capitation
Health Outcome Comparison9
Member and Provider Satisfaction Surveys9
Annual Audited Financial Statements9
Sanctions
Sanctions
Member Grievances and Appeals9
Member Grievances and Appeals9
Member Grievances and Appeals9 Outpatient Emergency Services and Urgent Care10
Member Grievances and Appeals9 Outpatient Emergency Services and Urgent Care10 Inpatient Medicaid Days
Member Grievances and Appeals
Member Grievances and Appeals       9         Outpatient Emergency Services and Urgent Care       10         Inpatient Medicaid Days       11         Pharmacy Benefits       11         Service Authorizations       11
Member Grievances and Appeals       9         Outpatient Emergency Services and Urgent Care       10         Inpatient Medicaid Days       11         Pharmacy Benefits       11         Service Authorizations       11         Plan Quality Rating       12
Member Grievances and Appeals       9         Outpatient Emergency Services and Urgent Care       10         Inpatient Medicaid Days       11         Pharmacy Benefits       11         Service Authorizations       11         Plan Quality Rating       12         Medical Loss Ratio and Administrative Costs       12
Member Grievances and Appeals9Outpatient Emergency Services and Urgent Care10Inpatient Medicaid Days11Pharmacy Benefits11Service Authorizations11Plan Quality Rating12Medical Loss Ratio and Administrative Costs12Fee-for-Service Medicaid13
Member Grievances and Appeals9Outpatient Emergency Services and Urgent Care10Inpatient Medicaid Days11Pharmacy Benefits11Service Authorizations11Plan Quality Rating12Medical Loss Ratio and Administrative Costs12Fee-for-Service Medicaid13Annual Cost Information13
Member Grievances and Appeals9Outpatient Emergency Services and Urgent Care10Inpatient Medicaid Days11Pharmacy Benefits11Service Authorizations11Plan Quality Rating12Medical Loss Ratio and Administrative Costs12Fee-for-Service Medicaid13Annual Cost Information13Aggregate Dollars Expended13
Member Grievances and Appeals9Outpatient Emergency Services and Urgent Care10Inpatient Medicaid Days11Pharmacy Benefits11Service Authorizations11Plan Quality Rating12Medical Loss Ratio and Administrative Costs12Fee-for-Service Medicaid13Annual Cost Information13Aggregate Dollars Expended13Annual Rate of Cost Inflation13
Member Grievances and Appeals9Outpatient Emergency Services and Urgent Care10Inpatient Medicaid Days11Pharmacy Benefits11Service Authorizations11Plan Quality Rating12Medical Loss Ratio and Administrative Costs12Fee-for-Service Medicaid13Annual Cost Information13Aggregate Dollars Expended13Annual Rate of Cost Inflation13Appendix A: Provider Network by Specialty, County, and MCO14

## **Executive Summary**

The Bureau for Medical Services (BMS) within the West Virginia Department of Health and Human Resources administers the State of West Virginia's Medicaid managed care programs, Mountain Health Trust (MHT) and Mountain Health Promise (MHP). Both MHT and MHP programs aim to improve member access to high-quality care and lower health care costs through enhanced coordination of care. In Calendar Year (CY) 2020, BMS contracted with three managed care organizations (MCOs) that served approximately 461,421 members.

One of the three MCOs, Aetna Better Health of West Virginia, is the sole contractor for the MHP program. Since MHP began in March 2020, a full year of program data is not yet available.

This annual report is required by West Virginia *Code* §9-5-22. The report addresses each subsection of the bill in the order presented in the legislation. Due to the impact of the COVID-19 pandemic on CY 2020, there were several limitations on reporting outcomes and alterations from the previous Managed Care Legislative Report.

### WV Managed Care Organizations and Geographic Service Areas

West Virginia contracted with the following three MCOs in CY 2020:

- 1. Aetna Better Health of West Virginia (ABHWV)
- 2. The Health Plan (THP)
- 3. UniCare (UC)

Each MCO geographic service area included all of West Virginia's 55 counties.

### Managed Care Organization Provider Networks

Each MCO has a defined network of providers for MHT members. ABHWV indicated that its plan leverages the same provider network for both MHP and MHT programs.

BMS uses the access and capacity network requirements outlined in the MCO contracts to evaluate MCO provider networks. In addition to an annual provider network adequacy report, BMS monitors each MCO weekly and monthly throughout the contracting period. By requiring MCO reports and evaluating based on contract standards, BMS ensures that MHT members have adequate access to every provider type.

West Virginia MCOs contract with over 100 different provider specialties. Table 1 shows the total number of providers for each MCO.

МСО	Number of Providers Contracted	
ABHWV	14,943	
THP	24,163	
UC	27,324	

#### Table 1. Total Number of Providers Contracted by MCO

Additional information about each provider type and specialty can be found in each MCO's provider directory below:

- 1. Aetna Better Health of WV: <u>https://www.aetnabetterhealth.com/westvirginia/members/directory</u>
- 2. The Health Plan: http://findadoc.healthplan.org/search.aspx?network=MHT
- 3. UniCare: https://mss.unicare.com/west-virginia/care/find-doctor.html

### **Providers by Provider Type**

Table 2 shows the number of providers by provider type for each MCO.

Table 2. Total Number of Providers Contracted by Provider Type and MCO

Provider Type	ABHWV	THP	UC
Behavioral Health	1,504	1,849	1,707
Dental	807	799	799
Medical	12,631	21,515	24,588
Other	1	-	230
Total	14,943	24,163	27,324

### Providers by Specialty and Geographic Area

Provider counts by specialty and geographic area are available in Appendix A.

### **Managed Care Enrollment**

There were approximately 437,060 members in the MHT program and 23,669 in the MHP program as of December 31, 2020.

### Enrollment by MCO

Table 3 displays the total number of MHT enrollees by MCO and average monthly MHT enrollment.

МСО	Total 2020 MHT Enrollment (as of December 31, 2020)	Average Monthly MHT Enrollment
ABHWV	158,418	147,745
THP	106,244	99,079
UC	172,398	161,779
Total	437,060	408,603

#### Table 3. MHT Member Enrollment by MCO

In addition to ABHWV's 158,418 MHT members, the MCO had another 23,669 more members in MHP as of December 31, 2020.

### **Enrollment by Eligibility Group**

Table 4 shows the total number of MHT enrollees as of December 31, 2020, by Medicaid eligibility group. Table 5 displays average monthly MHT enrollment by eligibility group.

Table 4. Total MHT Member Enrollment by Medicaid Eligibility Group			
		TUD	

Eligibility Group	ABHWV	THP	UC
Temporary Assistance for Needy Families (TANF)	77,795	45,806	87,510
Expansion	64,199	47,150	66,328
Supplemental Security Income (SSI)	13,897	11,572	15,707
Pregnant Women	2,342	1,552	2,751
Children with Special Health Care Needs (CSHCN)	185	164	102
Total	158,418	106,244	172,398

Eligibility Group	ABHWV	THP	UC
TANF	73,682	43,172	83,618
Expansion	57,664	42,514	59,584
SSI	14,019	11,805	15,939
Pregnant Women	2,221	1,443	2,549
CSHCN	159	145	89
Total	147,745	99,079	161,779

Table 5. Average Monthly MHT Member Enrollment by Medicaid Eligibility Group

Based on MHP enrollment policies,<sup>1</sup> there was a monthly average of 21,219 ABHWV MHP members in 2020.

# **Claims by Provider Type and Timeliness of Payment**

Tables 6-8 summarize the timeliness of provider payments. They include the average number of days to claim adjudication and clean claim payments for each MCO by quarter and provider type. They also include percentage of clean claims paid each provider type within thirty calendar days.

Table 6. ABHWV Claim Adjudication and	I Timeliness of Payment
---------------------------------------	-------------------------

CY 2020 Quarter	ABHWV Provider Type	Average Claim Adjudication Time	Average Clean Claim Payment Time	Percentage of Clean Claims Paid Within 30 Days
	Medical	10	18	92.90%
2020 Q1	Behavioral Health (BH)	5	12	96.90%
	Dental	9	9	100.00%

<sup>&</sup>lt;sup>1</sup> MHP enrollment rules state that a member is counted for a month only if they were a member on the 1<sup>st</sup> of the month.

CY 2020 Quarter	ABHWV Provider Type	Average Claim Adjudication Time	Average Clean Claim Payment Time	Percentage of Clean Claims Paid Within 30 Days
	Medical	6	13	97.54%
2020 Q2	ВН	3	10	99.20%
	Dental	8	8	100.00%
	Medical	4	12	96.43%
2020 Q3	ВН	3	11	96.96%
	Dental	8	8	99.99%
	Medical	3	11	95.07%
2020 Q4	BH	3	10	95.42%
	Dental	9	9	100.00%

Table 7. THP Claim Adjudication and Timeliness of Payment

CY 2020 Quarter	THP Provider Type	Average Claim Adjudication Time	Average Clean Claim Payment Time	Percentage of Clean Claims Paid Within 30 Days
	Medical	11	10	98.92%
2020 Q1	ВН	14	15	96.37%
	Dental	8	8	100.00%
	Medical	7	6	99.76%
2020 Q2	ВН	10	10	99.86%
	Dental	8	8	100.00%
	Medical	6	6	99.92%
2020 Q3	BH	5	5	99.96%
	Dental	9	9	99.95%

West Virginia BMS | 2020 Managed Care Report to LOCHHRA

CY 2020 Quarter	THP Provider Type	Average Claim Adjudication Time	Average Clean Claim Payment Time	Percentage of Clean Claims Paid Within 30 Days
	Medical	7	7	99.89%
2020 Q4	ВН	8	8	99.88%
	Dental	9	9	100.00%

Table 8. UC Claim Adjudication and Timeliness of Payment

CY 2020 Quarter	UC Provider Type	Average Claim Adjudication Time	Average Clean Claim Payment Time	Percentage of Clean Claims Paid Within 30 Days
	Medical	2	2	99.75%
2020 Q1	BH	3	3	99.85%
	Dental	8	8	100.00%
	Medical	3	3	99.65%
2020 Q2	BH	2	2	99.72%
	Dental	8	8	100.00%
	Medical	2	2	99.95%
2020 Q3	BH	1	1	99.96%
	Dental	4	8	100.00%
	Medical	2	2	99.91%
2020 Q4	BH	2	1	99.92%
	Dental	8	8	100.00%

# **Denied and Pended Claims**

Tables 9-11 show the number of denied and pended claims for each MCO by CY 2020 quarter.

ABHWV Claim Outcomes	2020Q1	2020Q2	2020Q3	2020Q4
Total Claims Pended	69,579	65,634	74,604	68,571
Total Claims Denied	76,280	61,379	84,310	121,031

 Table 10. THP Pended and Denied Claims in CY 2020

THP Claim Outcomes	2020Q1	2020Q2	2020Q3	2020Q4
Total Claims Pended	547	482	1,326	5,898
Total Claims Denied	64,834	50,148	61,001	50,128

 Table 11. UC Pended and Denied Claims in CY 2020

UC Claim Outcomes	2020Q1	2020Q2	2020Q3	2020Q4
Total Claims Pended	175,982	153,105	231,548	173,232
Total Claims Denied	96,402	82,461	98,478	106,941

### **Claims Paid to Non-Network Providers**

Table 12 is a summary of non-network provider payments.

Table 12. Non-Network Provider Payments by Provider Type and MCO

	ABHWV THP		THP			UC
Claim Type	Total Number of Claims	Total Paid (\$)	Total Number of Claims	Total Paid (\$)	Total Number of Claims	Total Paid (\$)
Medical	166,852	\$28,732,181	58,766	\$9,917,351	167,568	\$23,053,445

	ABHWV		ABHWV THP		THP		ABHWV THP			UC
Claim Type	Total Number of Claims	Total Paid (\$)	Total Number of Claims	Total Paid (\$)	Total Number of Claims	Total Paid (\$)				
вн	5,749	\$3,171,814	1,011	\$69,165	60,135	\$5,365,095				
Dental	364	\$2,999	192	\$22,462	108,739	\$25,933,338				

## Self-Selection vs. Auto-Enrollment

Table 13 shows the number of members who chose their MCO compared to the number that auto-enrolled into each MCO. It also shows the percentage of total MCO members who self-selected or auto-enrolled.

мсо	Number ( <i>Percentage</i> ) of Members Who Self-Selected	Number ( <i>Percentage</i> ) of Members Who Auto-Enrolled
ABHWV	42,806 (68.67%)	19,526 <i>(31.33%)</i>
THP	26,467 (57.54%)	19,529 <i>(42.46%)</i>
UC	50,175 <i>(71.98%)</i>	19,535 <i>(28.02%)</i>
Total	119,448 (67.09%)	58,590 (32.91%)

Table 13. Number of Members Using Self-Selection vs. Auto-Enrollment by MCO

# Per-Member, Per-Month (PMPM) Payments and Total Capitation

The average PMPM payment amount and total number of payments for each MCO are summarized in Table 14.

МСО	Total Capitation	Total Member Months	Average PMPM
ABHWV	\$665,026,137.00	1,963,052	\$338.77

Table 14. Capitation and PMPM Payments by MCO

МСО	Total Capitation	Total Member Months	Average PMPM
THP	\$403,370,632.00	1,194,004	\$337.83
UC	\$605,109,096.20	1,944,685	\$311.16

### Health Outcome Comparison

See Appendix B for a comparison of nationally recognized health outcomes by MCO. Health outcomes are reported using Healthcare Effectiveness Data and Information Set (HEDIS) measures, which are delayed by several months. Therefore, the most recent measures in Appendix B reflect Measurement Year 2019.

### Member and Provider Satisfaction Surveys

See Appendix C for the Consumer Assessment of Healthcare Providers and Systems (CAHPS) member satisfaction survey results by MCO.

Due to the COVID-19 pandemic, the provider satisfaction survey requirement for the MCOs was waived in CY 2020.

### **Annual Audited Financial Statements**

See Appendix D for the annual audited financial statements for each MCO.

### Sanctions

In 2020, there were financial sanctions and Corrective Action Plans (CAPs) issued against the three MCOs for failure to pay claims timely or meet claims data quality standards. In these sanction cases, MCOs resubmitted claims to the State multiple times.

### **Member Grievances and Appeals**

The number of members that filed a grievance or appeal, separated by MCO, are listed in Tables 15-17. The tables include the number and percentages of appeals either reversed or resolved in favor of the member.

#### Table 15. ABHWV Grievances and Appeals Outcomes

Outcome	2020 Q1	2020 Q2	2020 Q3	2020 Q4
Number of Grievances and Appeals	65	20	49	64

Number Resolved in Favor of the Member	26	10	7	16
% Resolved in Favor of the Member	40.0%	50.0%	14.3%	25.0%

#### Table 16. THP Grievances and Appeals Outcomes

Outcome	2020 Q1	2020 Q2	2020 Q3	2020 Q4
Number of Grievances and Appeals	8	3	14	15
Number Resolved in Favor of the Member	3	1	7	12
% Resolved in Favor of the Member	37.5%	33.3%	50.0%	80.0%

#### Table 17. UC Grievances and Appeals Outcomes

Outcome	2020 Q1	2020 Q2	2020 Q3	2020 Q4
Number of Grievances and Appeals	222	190	295	679
Number Resolved in Favor of the Member	22	20	67	285
% Resolved in Favor of the Member	9.9%	10.5%	22.7%	42.0%

# **Outpatient Emergency Services and Urgent Care**

Tables 18-20 include the number of members, by MCO, who received unduplicated emergency room and urgent care services.

#### Table 18. ABHWV Outpatient Emergency Services and Urgent Care

Service Type	2020 Q1	2020 Q2	2020 Q3	2020 Q4
Members Receiving Emergency Room Services	20,147	13,448	17,028	14,977
Members Receiving Urgent Care Services	23,722	8,867	14,545	18,129

Service Type	2020 Q1	2020 Q2	2020 Q3	2020 Q4
Members Receiving Emergency Room Services	15,596	9,223	15,866	14,136
Members Receiving Urgent Care Services	12,375	4,973	7,707	9,331

Table 19. THP Outpatient Emergency Services and Urgent Care

#### Table 20. UC Outpatient Emergency Services and Urgent Care

Service Type	2020 Q1	2020 Q2	2020 Q3	2020 Q4
Members Receiving Emergency Room Services	31,467	29,287	26,507	26,397
Members Receiving Urgent Care Services	27,908	10,300	14,779	19,827

## **Inpatient Medicaid Days**

Table 21 gives the number of inpatient days by MCO and CY 2020 quarter.

Table 21. Number of Inpatient Medicaid Days by MCO and CY 2020 Quarter

МСО	2020 Q1	2020 Q2	2020 Q3	2020 Q4
ABHWV	19,362	17,904	18,675	13,105
THP	19,659	16,878	19,169	13,998
UC	21,718	20,201	22,416	21,529

# **Pharmacy Benefits**

Pharmacy benefits are not administered under managed care.

# Service Authorizations

Table 22 lists the number of CY 2020 service authorizations by MCO.

Provider Type	ABHWV	ТНР	UC
Medical	60,795	6,527	36,130
BH	17,420	1,623	5,438
Dental	6,803	3,242	8,188
Total	85,018	11,392	49,756

Table 22. Number of CY 2020 Service Authorizations by MCO and Provider Type

# **Plan Quality Rating**

National Committee for Quality Assurance (NCQA) recently changed the methodology for reporting health plan accreditation. Since September 2020, health plans renewing accreditation may only achieve a status of denied, provisional, or accredited. As of December 15, 2020, all contracted MCOs achieved the status level of "Accredited."

In the future, health plan accreditation will use the Health Plan Ratings based on CAHPS survey and HEDIS measures reporting. For additional information on MCO HEDIS/CAHPS performance, please see Appendices B and C.

Additional information on NCQA's Health Insurance Plan Ratings is located on the NCQA website.

# **Medical Loss Ratio and Administrative Costs**

The Medical Loss Ratio (MLR) is the percent of premium an insurer spends on medical claims and quality improvement expenses (defined as medical and hospital costs divided by premium received) rather than administrative costs. Table 23 below shows data reported by the MCOs on the percentages of premium spent on medical costs, as well as the administrative costs of each MCO, defined as the general administrative expenses and claim adjustment expenses.

The State is in the process of validating this data and the final MLR may change for calendar year 2020. The amount of money refunded to the State if the MCO does not meet MLR requirements will not be available until June 30, 2021. As a result, this data is pending.

МСО	MLR	Administrative Costs	State Refunds
ABHWV	90.5%	\$46,731,201.00	Pending
ТНР	87.6%	\$37,263,014.00	Pending
UC	83.0%	\$37,034,051.97	Pending

Table 23. Medical Loss Ratio, Administrative Costs, and State Refunds

### **Fee-for-Service Medicaid**

The current and previous fee-for-service (FFS) spends by service line can be obtained from the Legislative Oversight Commission on Health and Human Resources Accountability upon request.

## **Annual Cost Information – Managed Care**

### **Aggregate Dollars Expended**

Table 24 shows the total aggregate dollars expended by each MCO for the last five fiscal years.

 Table 24. Total Aggregate Dollars Expended by MCO from CY 2016-2020

	Total Aggregate Dollars Expended						
МСО	CY 2016	CY 2017	CY 2018	CY 2019	CY 2020		
ABHWV	\$432,315,373.78	\$447,026,282.86	\$494,534,564.26	\$500,341,147.84	\$662,801,213.80		
THP	\$279,706,778	\$308,742,860	\$275,065,829	\$313,436,553	\$352,319,497		
UC	\$435,831,439.02	\$472,409,126.93	\$384,943,619.89	\$435,370,545.41	\$502,502,394.27		

### **Annual Rate of Cost Inflation**

The annual rate of cost inflation for the last five fiscal years for each MCO can be found in Table 25.

	Annual Rate of Cost Inflation						
МСО	CY 2016	CY 2017	CY 2018	CY 2019	CY 2020		
ABHWV	74.39%	3.40%	10.63%	1.17%	24.51%		
THP	32.99%	-4.44%	-8.46%	6.86%	-2.55%		
UC	2.73%	4.40%	1.08%	Not applicable	Not applicable		

Table 25. Annual Rate of Cost Inflation by MCO from CY 2016-2020

## Appendix A: Provider Network by Specialty, County, and MCO

Please see the attached Appendices folder.

### **Appendix B: WV HEDIS Measures**

Please see the attached Appendices folder.

## **Appendix C: WV CAHPS Results**

Please see the attached Appendices folder.

### **Appendix D: MCO Audited Financial Statements**

Please see the attached Appendices folder.