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Rehabilitative Services - 42 CFR 440.130(d)

The State assures that all rehabilitative services are provided to or directed exclusively toward the treatment of the Medicaid eligible individuals under age 21. Medically necessary services will be furnished without limitation in accordance with Section 1905(r) of the Social Security Act. The State also assures that rehabilitative services do not include any of the following:

A. Educational, vocational, and job training services;

B. Room and board;

C. Services to inmates in public institutions as defined in 42 CFR §435.1010;

<u>D. Services to individuals residing in institutions for mental diseases as described in 42 CFR §435.1010;</u>

E. Recreational and social activities; and

F. Services that must be covered elsewhere in the West Virginia Medicaid State Plan.

Additional assurances related to Residential Intensive Treatment (RIT) and Specialized Residential Intensive Treatment (SRIT) services under this State Plan and Other Limited Health Benefits:

- <u>The provision of RIT and SRIT services will not restrict an individual's free choice of</u> <u>Medicaid providers.</u>
- <u>The RIT and SRIT services will not be used to restrict an individual's access to other</u> <u>services under the plan.</u>
- Individuals will not be compelled to receive RIT and SRIT services, condition receipt of rehabilitative residential services on the receipt of other Medicaid services, or condition receipt of other Medicaid services on receipt of these RIT and SRIT services.
- Providers of RIT and SRIT services do not exercise the agency's authority to authorize or deny the provision of other services under the plan.
- Payment for RIT and SRIT services under the plan does not duplicate payments made to public agencies or private entities under other program authorities for the same purposes.
- <u>Any individual, group of individuals or entity who meets the State's provider and</u> practitioner qualifications may enroll in Medicaid and furnish the services under the plan.

The treatment includes the services listed below, for maximum reduction of physical or mental disability and restoration of a beneficiary to individual's best possible functional level. RIT and SRIT provide community-based medically necessary rehabilitative residential services recommended by BMS or its designee and under the supervision and oversight of one of the following licensed practitioners operating within the scope of their practice and state licensing: a Medical Doctor (M.D.), Doctor of Osteopathic medicine (DO), Advanced Practice Registered Nurse (APRN) or Physician Assistant (PA).

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Supersedes: New		

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State: West Virginia Supplement 2 to Attachment 3.1-A and 3.1-B

Agencies providing RIT and SRIT services are organized and staffed to provide both general and specialized residential (e.g., non-institutional, non-hospital) interdisciplinary services twentyfour (24) hours a day, seven (7) days a week. RIT and SRIT services are organized to provide treatment where the individual resides. Payment for RIT and SRIT does not include room and board payments and is not provided for services received in hospitals, nursing facilities, psychiatric residential treatment facilities, or intermediate care facilities for individuals with Intellectual Disabilities (ICF/IID).

The individual must require treatment that would not be able to be provided at a less restrictive level of care than is being provided on a twenty-four (24)-hour basis with direct supervision/oversight by professional staff.

The following are service components of RIT and SRIT:

Convine Description In distributed Of It's				
Service	<u>Description</u>	Individual Staffing		
		<u>Qualifications</u>		
Physician Services	Physician services must be	M.D., D.O. Board Certified or		
	available 24 hours per day/7	eligible, APRN, PA		
	days per week to:			
	1. Provide consultation to			
	clinical and residential staff			
	regarding medication targets,			
	risks, side effects, and clinical			
	<u>needs.</u>			
	2. Contribute to Continuous			
	Quality Improvement (CQI)			
	and risk management.			
	3. Provide crisis response.			
	4. Perform observation and			
	assessment of the individual			
	at least once a calendar			
	week.			
	5. Perform assessments to			
	effectively coordinate all			
	treatment, manage			
	medication.			
	6. Provide medical			
	management of all			
	psychiatric and medical			
	problems.			
	7. Participate in treatment			
	team meetings.			
Nursing Services	Nursing services must be	<u>Registered nurse (RN),</u>		
	available 24 hours per day/7	Licensed Practical Nurse		
	days per week to:	(LPN)		
	1. Perform assessments of			
	medical needs at intake.			
	incalcal neede at intalto.			

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	I	1
	2. <u>Schedule and coordinate</u>	
	medical appointments.	
	3. Manage the supply of	
	prescription medications.	
	4. Provide supervision of	
	medication administration.	
	5. Participate in treatment	
	team meetings.	
	6. <u>Coordinate medical areas</u>	
	of the discharge planning	
	process.	
	7. Provide education to staff	
	on medical needs of	
	individuals served.	
	8. Contribute as needed to	
	CQI and risk management	
	initiatives.	
Medication administration	Administer medications under	AMAPs must meet all
	the supervision of an Office	OHFLAC and WV Medicaid
	of Health Facility Licensure	requirements.
	and Certification (OHFLAC)	
	approved RN	
Counseling, and treatment	Clinical staff must be	Licensed Independent
planning	available to provide services	Clinical Social Worker
planning	and clinical consultation 24	(LICSW), Licensed
	hours per day/7 days per	Professional Counselor
	week to:	(LPC), Licensed Graduate
		<u>Social Worker (LGSW),</u>
	1. Complete family and	Licensed Clinical Social
	individual assessments.	Worker (LCSW) and
	2. Provide psychotherapy.	Licensed
	3. Provide face-to-face	Psychologists/Supervised
	individual, family, and	Psychologist who have
	group therapy.	experience working
	4. Assist with crisis de-	with children and youth.
	escalation and crisis	All aliainal staff must mart
	planning.	All clinical staff must meet
	5. Participate in internal and	state licensing rules for
	external team meetings.	supervision and practice and
	6. Contribute as needed to	must operate within their
	CQI and risk management	scope of practice.
	initiatives.	
	7. Provide clinical	Clinical staff must maintain
	supervision and guidance	certifications necessary to
	to address implementing	adhere to all evidence-based
	treatment plans and	models, assessments, and
	evidence-based	interventions.
	interventions.	

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Clinical Supervision	Clinical supervision of	Licensed Independent
	counseling and treatment	Clinical Social Worker
	planning	(LICSW), Licensed
		Professional Counselor
		(LPC), Licensed Graduate
		Social Worker (LGSW),
		Licensed Clinical Social
		Worker (LCSW) and
		Licensed Psychologists who
		have experience working
		with children and youth. All
		clinical staff must meet state
		licensing rules for supervision
		and practice and within their
		scope of practice.
		Clinical staff must maintain
		certifications necessary to
		adhere to all evidence-based
		models, assessments, and
		interventions
Discharge Planning	1. Facilitates activities of daily	Staff must have high school
	living, self-help, and	diploma or GED and adhere
	socialization skills.	to age eligibility guidelines:
	2. Provide daily support and	1. The minimum age for
	intervention, including crisis	serving children aged 13 and
	response, co-facilitating	older shall be 20 years of
	group treatment and	age.
	community meetings, and	2. The minimum age for
	implementing individualized	serving children aged 12
	plans.	years and under shall be 18
		years.
Skills Training and	Skills Training and	All staff must be approved by
<u>Development</u>	Development is a	the LBHC credentialing
	combination of structured	<u>committee.</u>
	individual and group	Professional staff must meet
	therapeutic activities offered	one of the following criteria:
	to members who have basic	
	skill deficits. These skill	1. <u>Physician</u>
	deficits may be due to	2. Physician assistant
	factors, such as history of	3. APRN
	abuse or neglect, or years	4. Licensed psychologist
	spent in institutional settings	5. Supervised psychologist
	or supervised living	6. Licensed Professional
	arrangements that did not	Counselor
	allow normal development in	7. Licensed Independent
	the areas of daily living skills.	Clinical Social Worker

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Therapeutic activities are	8.	Alcohol and Drug
focused on Skills Training		Counselor with master's
and Development Services		<u>degree in clinical field,</u>
which are elementary, basic,		only for substance abuse
and fundamental to higher-		therapy treatment issues
level skills and are designed	9.	Registered Nurse (some
<u>to improve or preserve a</u>		<u>services)</u>
<u>member's level of</u>	10.	<u>Master's degree in an</u>
functioning. Therapeutic		<u>unlicensed human</u>
activities may be provided to		services field with 20
a member in his/her natural		hours verified
environment through a		documented training
structured program as		specific to the target
identified in the goals and		population served
objectives described in the		
<u>service plan. Therapeutic</u>		
activities include but are not		raprofessional staff must
limited to learning and		et the following minimum
demonstrating personal	_	teria:
hygiene skills; managing	1.	<u>Be at least 18 years old</u>
living space; manners;	2.	<u>A high school diploma or</u>
sexuality: social		Graduate Equivalent
appropriateness; and daily		Degree OR Bachelor's
living skills.		<u>level degree in a human</u>
		services field with at least
		one year of specific
		experience providing
		services to the target
	~	population served
	3.	Be currently certified in
		Standard First Aid and
		Adult/Child
		Cardiopulmonary
		Resuscitation
	4.	Successfully completed
		Behavioral Health agency
		training in all the following
		criteria:
		a. <u>Various aspects of</u>
	1	dovolopmontol

	<u>a member in his/her natural</u>	hours verified
	environment through a	documented training
	structured program as	specific to the target
	identified in the goals and	population served
	objectives described in the	
	service plan. Therapeutic	
	activities include but are not	Paraprofessional staff must
	limited to learning and	met the following minimum
	demonstrating personal	<u>criteria:</u>
	hygiene skills; managing	1. Be at least 18 years old
	living space; manners;	2. <u>A high school diploma or</u>
	<u>sexuality; social</u>	Graduate Equivalent
	appropriateness; and daily	Degree OR Bachelor's
	living skills.	level degree in a human
		services field with at least
		one year of specific
		experience providing
		services to the target
		population served
		3. <u>Be currently certified in</u>
		Standard First Aid and
		Adult/Child
		Cardiopulmonary
		Resuscitation
		4. <u>Successfully completed</u>
		Behavioral Health agency
		training in all the following
		<u>criteria:</u>
		a. <u>Various aspects of</u>
		developmental
		disabilities
		b. <u>Instructional</u>
		techniques necessary
		to achieve objectives
		of individual's program
		plans
		c. <u>Health related issues</u>
		d. <u>Recognition of abuse</u>
		and neglect
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Supersedes: New		

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State: West Virginia

Supplement 2 to Attachment 3.1-A and 3.1-B

	e.	Individuals' rights and
		confidentiality
	f.	Awareness of, and
		sensitivity to, family
		and individual's needs
	g.	Non-aversive behavior
	-	intervention
		techniques for those
		providers who are
		<u>implementing</u>
		behavior support and
		intervention plans.

Services provided by RIT and SRIT practitioners are intended to provide treatment for individuals exhibiting severe functional disturbance in one or more of the following areas:

1. <u>Severe disturbances in behavior and/or emotions; unable to function in multiple areas of their life including school, home, and/or community.</u>

2. <u>Severely impaired social functioning deficits including difficulty forming healthy peer</u> relationships, social communication barriers, and antisocial behaviors.

 Psychiatric disorder or substance abuse order which significantly disrupts the attainment of age-appropriate developmental abilities and precludes living in a less restrictive (i.e., home or family based) environment.

4. <u>Complex trauma needs – including traumatic grief, hyper-arousal, re-experiencing, avoidance, adjustment, disassociation, and numbing that lead to significant functional impairment that cannot be addressed in a community-based setting.</u>

5. <u>Persistent and unpredictable aggression, which may include serious sexual acting-out</u> <u>Behavior.</u>

6. <u>Patterns of disruptive behavior, not a reaction to single events, that have not responded</u> to less restrictive interventions.

SRIT services provide treatment for individuals exhibiting serious emotional or behavioral disorders or disturbances with severe and persistent challenges in social, emotional, behavioral, and/or psychiatric functioning that often manifest in externalized behaviors, including violent, sexually abusive, and/or sexualized behaviors beyond the capacity of a RIT setting. Providers specializing in treatment for these targeted populations of individuals needing SRIT services will reflect the treatment needs and evidence-based interventions of the SRIT target populations. SRIT is provided to an individual with a co-occurring mental health diagnosis, who meet medical necessity for SRIT, and present with one of the following conditions provided by practitioners employed or contracted by the SRIT are expected to address specific intensive treatment needs beyond treatment available in a RIT setting:

Severe Aggressive and/or Violent Behaviors

SRIT Severe Aggressive and/or Violent Behaviors services are needed to treat individuals presenting with mental health needs with co-occurring disorders of significant anger, aggression, violence, danger to others (or expected to result in serious physical harm), oppositional behavior, cruelty to animals, sexualized behaviors, and fire-setting. The individual exhibits a chronic pattern of behaviors that cannot be managed in the community because of the nature and/or frequency of their violence and aggression.

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• Problematic Sexual Behaviors (PSB)

SRIT PSB treatment is needed for individuals who exhibit sexually abusive and offending behaviors. Individuals with sexually abusive and offending behaviors include both aggressive sexual behavior and sexual behavior in which the individual takes advantage of another person, including a younger or less powerful individual through seduction, coercion, or force. This population presents with mental health needs with co-occurring disorders of significant anger, aggression, violence, danger to others (or expected to result in serious physical harm), oppositional behavior, and cruelty to animals.

Neurodevelopmental and Comorbid Conditions (NACC)

<u>SRIT NACC treatment is needed for individuals presenting with mental health needs who have</u> <u>a combination of lower cognitive function, developmental delays, and serious behavioral and</u> <u>emotional concerns.</u>

• Autism Spectrum Disorder (ASD)

SRIT ASD treatment is needed to treat individuals presenting with mental health needs and cooccurring ASD.

Eligible Providers:

All RIT and SRIT providers must be an LBHC, deemed by OHFLAC, and have provider agreement with BMS and may not be an Institution for Mental Diseases (IMD).

<u>All RIT and SRIT providers must provide twenty-four (24) hours/day, seven (7) days/week</u> <u>structured and supportive living environment. Integration with community resources is provided</u> to plan and arrange access to a range of educational and therapeutic services.

RIT and SRIT services are provided according to an individualized person-centered treatment plan, which may be subject to prior approval by BMS or its designee. The activities included in the service must be intended to achieve identified treatment plan goals or objectives of the Medicaid eligible child. The treatment plan should be developed in a person-centered manner with the active participation of the individual, family, and practitioners and be based on the individual's condition and the standards of practice for the provision of these specific rehabilitation services.

An agency providing RIT and/or SRIT must coordinate with the child's community resources including Medicaid community-based providers, when possible, with the goal of transitioning the child out of the RIT or SRIT as soon as possible and appropriate. Discharge planning begins upon admission with concrete plans for the child to transition back into the community beginning within the first thirty (30) days of admission and every ninety (90) days after with clear action steps and target dates outlined in the treatment plan. The treatment plan must include measurable discharge goals.

All RIT and SRIT providers must have a current accreditation by Commission on Accreditations of Rehabilitation Facilities (CARF), The Joint Commission (TJC), Council on Accreditation (COA), or another independent Health and Human Services (HHS) approved organization.

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State: West Virginia

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Preventive Services - 42 CFR 440.130(c) (EPSDT)

The State assures that all preventive services are provided to or directed exclusively toward the treatment of the Medicaid eligible child. Medically necessary services will be furnished to those under age 21 without limitation in accordance with Section 1905(r) of the Social Security Act. The State also assures that preventive services do not include any of the following:

A. Educational, vocational and job training services;

B. Room and board;

C. Services to inmates in public institutions as defined in 42 CFR §435.1010;

<u>D. Services to individuals residing in institutions for mental diseases as described in 42 CFR §435.1010;</u>

E. Recreational and social activities; and

F. Services that must be covered elsewhere in the West Virginia Medicaid State Plan.

Additional assurances related to Residential Intensive Treatment (RIT) and Specialized Residential Intensive Treatment (SRIT) services under this State Plan and Other Limited Health Benefits:

- <u>The provision of RIT and SRIT services will not restrict an individual's free choice of</u> <u>Medicaid providers.</u>
- <u>The RIT and SRIT services will not be used to restrict an individual's access to other</u> <u>services under the plan.</u>
- Individuals will not be compelled to receive RIT and SRIT services, condition receipt of preventive residential services on the receipt of other Medicaid services, or condition receipt of other Medicaid services on receipt of these RIT and SRIT services.
- Providers of RIT and SRIT services do not exercise the agency's authority to authorize or deny the provision of other services under the plan.
- Payment for RIT and SRIT services under the plan does not duplicate payments made to public agencies or private entities under other program authorities for the same purposes.
- <u>Any individual, group of individuals or entity who meets the State's provider and</u> practitioner qualifications may enroll in Medicaid and furnish the services under the plan.

RIT and SRIT provides medically necessary preventive residential services recommended by BMS or its designee and under the supervision and oversight of one of the following licensed practitioners operating within the scope of their practice and state licensing: a Medical Doctor (M.D.), Doctor of Osteopathic medicine (DO), Advanced Practice Registered Nurse (APRN) or Physician Assistant (PA). RIT and SRIT should prevent disease, disability, and other health conditions or their progression to address the health issues identified in the treatment plan.

Agencies providing RIT and SRIT services are organized and staffed to provide both general and specialized residential (e.g., non-institutional, non-hospital) interdisciplinary services twentyfour (24) hours a day, seven (7) days a week. RIT and SRIT services are organized to provide

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treatment where the individuals reside. Payment for RIT and SRIT does not include room and board payments and is not provided in hospitals, nursing facilities, psychiatric residential treatment facilities, or intermediate care facilities for individuals with Intellectual Disabilities (ICF/IDD).

The individual must require treatment that would not be able to be provided at a less restrictive level of care than is being provided on a twenty-four (24)-hour basis with direct supervision/oversight by professional staff.

Description **Individual Staffing** Service Qualifications M.D., D.O. Board Certified or Physician Services Physician services must be available 24 hours per day/7 eligible, APRN, PA days per week to: 1. Provide consultation to clinical and residential staff regarding medication targets. risks, side effects, and clinical needs. 2. Contribute to Continuous Quality Improvement (CQI) and risk management. 3. Provide crisis response. 4. Perform observation and assessment of the individual at least once a calendar week. 5. Perform assessments to effectively coordinate all treatment, manage medication. 6. Provide medical management of all psychiatric and medical problems. 7. Participate in treatment team meetings. **Nursing Services** Nursing services must be Registered nurse (RN), available 24 hours per day/7 Licensed Practical Nurse days per week to: (LPN) 9. Perform assessments of medical needs at intake. 10. Schedule and coordinate medical appointments. 11. Manage the supply of prescription medications.

The following are service components of the RIT and SRIT

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1 1 <td< th=""><th> Provide supervision of medication administration. Participate in treatment team meetings. Coordinate medical areas of the discharge planning process. Provide education to staff on medical needs of individuals served. Contribute as needed to CQI and risk management initiatives. Administer medications under the supervision of an Office of Health Facility Licensure and Certification (OHFLAC) approved RN Clinical staff must be available to provide services and clinical consultation 24 hours per day/7 days per week to: Complete family and individual assessments. Provide psychotherapy. Provide face-to-face individual, family, and group therapy. Assist with crisis de- escalation and crisis planning. Participate in internal and external team meetings. Contribute as needed to CQI and risk management initiatives. Provide clinical supervision and guidance to address implementing treatment plans and evidence-based interventions. </th><th>AMAPs must meet all OHFLAC and WV Medicaid requirements. Licensed Independent Clinical Social Worker (LICSW), Licensed Professional Counselor (LPC), Licensed Graduate Social Worker (LGSW), Licensed Clinical Social Worker (LCSW) and Licensed Psychologists/Supervised Psychologist who have experience working with children and youth. All clinical staff must meet state licensing rules for supervision and practice and must operate within their scope of practice. Clinical staff must maintain certifications necessary to adhere to all evidence-based models, assessments, and interventions.</th></td<>	 Provide supervision of medication administration. Participate in treatment team meetings. Coordinate medical areas of the discharge planning process. Provide education to staff on medical needs of individuals served. Contribute as needed to CQI and risk management initiatives. Administer medications under the supervision of an Office of Health Facility Licensure and Certification (OHFLAC) approved RN Clinical staff must be available to provide services and clinical consultation 24 hours per day/7 days per week to: Complete family and individual assessments. Provide psychotherapy. Provide face-to-face individual, family, and group therapy. Assist with crisis de- escalation and crisis planning. Participate in internal and external team meetings. Contribute as needed to CQI and risk management initiatives. Provide clinical supervision and guidance to address implementing treatment plans and evidence-based interventions. 	AMAPs must meet all OHFLAC and WV Medicaid requirements. Licensed Independent Clinical Social Worker (LICSW), Licensed Professional Counselor (LPC), Licensed Graduate Social Worker (LGSW), Licensed Clinical Social Worker (LCSW) and Licensed Psychologists/Supervised Psychologist who have experience working with children and youth. All clinical staff must meet state licensing rules for supervision and practice and must operate within their scope of practice. Clinical staff must maintain certifications necessary to adhere to all evidence-based models, assessments, and interventions.
	Clinical supervision of counseling and treatment planning	Licensed Independent Clinical Social Worker (LICSW), Licensed Professional Counselor

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Supersedes: New		

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	1	
		(LPC), Licensed Graduate
		Social Worker (LGSW),
		Licensed Clinical Social
		Worker (LCSW) and
		Licensed Psychologists who
		have experience working
		with children and youth. All
		clinical staff must meet state
		licensing rules for supervision
		and practice and within their
		scope of practice.
		Clinical staff must maintain
		certifications necessary to
		adhere to all evidence-based
		models, assessments, and
		interventions
Discharge Planning	1. Facilitates activities of	Staff must have high school
	daily living, self-help, and	diploma or GED and adhere
	socialization skills.	to age eligibility guidelines:
	2. Provide daily support and	1. The minimum age for
	intervention, including crisis	serving children aged 13 and
	response, co-facilitating	<u>older shall be 20 years of</u>
	group treatment and	age.
	community meetings, and	2. The minimum age for
	implementing individualized	serving children aged 12
	plans.	years and under shall be 18
		years.
		<u>youro</u>
Skills Training and	Skills Training and	All staff must be approved by
Development	Development is a	the LBHC credentialing
	combination of structured	committee.
	individual and group	Professional staff must meet
	therapeutic activities offered	one of the following criteria:
	to members who have basic	
	skill deficits. These skill	1. <u>Physician</u>
	deficits may be due to	2. Physician assistant
	factors, such as history of	3. APRN
	abuse or neglect, or years	4. Licensed
	spent in institutional settings	psychologist
		· · · · ·
	or supervised living	5. <u>Supervised</u>
	arrangements that did not	<u>psychologist</u>
	allow normal development in	6. <u>Licensed</u>
	the areas of daily living skills.	Professional
		Counselor
	Therapeutic activities are	7. Licensed
	focused on Skills Training	Independent Clinical
	and Development Services	<u>Social Worker</u>
	which are elementary, basic,	

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-	Supplemen	t 2 to Att	achment 3.1-A and 3.1-B
a	nd fundamental to higher-	8.	Alcohol and Drug
	evel skills and are designed		Counselor with
	p improve or preserve a		master's degree in
	nember's level of		clinical field, only for
	Inctioning. Therapeutic		substance abuse
	ctivities may be provided to		therapy treatment
	member in his/her natural		issues
	nvironment through a	9.	
	tructured program as		(some services)
	lentified in the goals and	10	. <u>Master's degree in an</u>
	bjectives described in the		unlicensed human
	ervice plan. Therapeutic		services field with 20
	ctivities include but are not		hours verified
	mited to learning and		documented training
	emonstrating personal		
	ygiene skills; managing		specific to the target
	ving space; manners;		population served
	exuality; social	-	
	ppropriateness; and daily		ofessional staff must
	ving skills.		<u>e following minimum</u>
		<u>criteria</u>	—
		1.	Be at least 18 years
		_	old
		2.	<u>A high school</u>
			<u>diploma or Graduate</u>
			Equivalent Degree
			OR Bachelor's level
			<u>degree in a human</u>
			services field with at
			least one year of
			specific experience
			providing services to
			the target population
			served
		3.	
			in Standard First Aid
			and Adult/Child
			<u>Cardiopulmonary</u>
			Resuscitation
		4.	
			completed Behavioral
			Health agency
			training in all the
			following criteria:
			a. <u>Various</u>
			aspects of
			developmental

		uevelopmental
		disabilities
	b.	Instructional
		techniques
Effective Date: 10/01/2024)/01/2024

TN No.: <u>24-0002</u>	
Supersedes:	New

Approval Date:



Services provided by RIT and SRIT practitioners are intended to provide treatment for individuals exhibiting severe functional disturbance in one or more of the following areas:

1. <u>Severe disturbances in behavior and/or emotions; unable to function in multiple areas of their life including school, home, and/or community.</u>

2. <u>Severely impaired social functioning deficits including difficulty forming healthy peer</u> relationships, social communication barriers, and antisocial behaviors.

3. <u>Psychiatric disorder or substance abuse order which significantly disrupts the attainment</u> of age-appropriate developmental abilities and precludes living in a less restrictive (i.e., <u>home or family based</u>) environment.

4. <u>Complex trauma needs – including traumatic grief, hyper-arousal, re-experiencing, avoidance, adjustment, disassociation, and numbing that lead to significant functional impairment that cannot be addressed in a community-based setting.</u>

5. <u>Persistent and unpredictable aggression, which may include serious sexual acting-out</u> <u>Behavior.</u>

6. <u>Patterns of disruptive behavior, not a reaction to single events, that have not responded</u> to less restrictive interventions.

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SRIT services provide treatment for individuals exhibiting serious emotional or behavioral disorders or disturbances with severe and persistent challenges in social, emotional, behavioral, and/or psychiatric functioning that often manifest in externalized behaviors, including violent, sexually abusive, and/or sexualized behaviors beyond the capacity of a RIT setting. Providers specializing in treatment for these targeted populations of individuals needing SRIT services will reflect the treatment needs and evidence-based interventions of the SRIT target populations. SRIT is provided to an individual with a co-occurring mental health diagnosis, who meet medical necessity for SRIT, and present with one of the following conditions provided by practitioners employed or contracted by the SRIT are expected to address specific intensive treatment needs beyond treatment available in a RIT setting:

• Severe Aggressive and/or Violent Behaviors

<u>SRIT Severe Aggressive and/or Violent Behaviors services are needed to treat individuals</u> presenting with mental health needs with co-occurring disorders of significant anger, aggression, violence, danger to others (or expected to result in serious physical harm), oppositional behavior, cruelty to animals, sexualized behaviors, and fire-setting. The individual exhibits a chronic pattern of behaviors that cannot be managed in the community because of the nature and/or frequency of their violence and aggression.

• Problematic Sexual Behaviors (PSB)

SRIT PSB treatment is needed for individuals who exhibit sexually abusive and offending behaviors. Individuals with sexually abusive and offending behaviors include both aggressive sexual behavior and sexual behavior in which the individual takes advantage of another person, including a younger or less powerful individual through seduction, coercion, or force. This population presents with mental health needs with co-occurring disorders of significant anger, aggression, violence, danger to others (or expected to result in serious physical harm), oppositional behavior, and cruelty to animals.

Neurodevelopmental and Comorbid Conditions (NACC)

<u>SRIT NACC treatment is needed for individuals presenting with mental health needs who have</u> a combination of lower cognitive function, developmental delays, and serious behavioral and emotional concerns.

Autism Spectrum Disorder (ASD)

<u>SRIT ASD treatment is needed to treat individuals presenting with mental health needs and co-</u> occurring ASD.

Eligible Providers:

All RIT and SRIT providers must be an LBHC, deemed by OHFLAC, and have provider agreement with BMS and may not be an Institution for Mental Diseases (IMD).

All RIT and SRIT providers must provide twenty-four (24) hours/day, seven (7) days/week structured and supportive living environment. Integration with community resources is provided to plan and arrange access to a range of educational and therapeutic services.

<u>RIT and SRIT services are provided according to an individualized person-centered treatment</u> plan, which may be subject to prior approval by BMS or its designee. The activities included in the service must be intended to achieve identified treatment plan goals or objectives of the Medicaid eligible child. The treatment plan should be developed in a person-centered manner with the active participation of the individual, family, and practitioners and be based on the

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individual's condition and the standards of practice for the provision of these specific rehabilitation services.

An agency providing RIT and/or SRIT must coordinate with the child's community resources including Medicaid community-based providers, when possible, with the goal of transitioning the child out of the RIT or SRIT as soon as possible and appropriate. Discharge planning begins upon admission with concrete plans for the child to transition back into the community beginning within the first thirty (30) days of admission and every ninety (90) days after with clear action steps and target dates outlined in the treatment plan. The treatment plan must include measurable discharge goals.

All RIT and SRIT providers must have a current accreditation by Commission on Accreditations of Rehabilitation Facilities (CARF), The Joint Commission (TJC), Council on Accreditation (COA), or another independent Health and Human Services (HHS) approved organization.

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