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BACKGROUND

West Virginia Medicaid coverage of chiropractic services is limited to treatment by means of manual manipulation for subluxation of the spine and to diagnostic radiological examinations related to covered chiropractic services. These services must be provided by an individual currently licensed under West Virginia law to practice chiropractic medicine, or under the laws of the State where the practice is conducted, and is eligible to participate in the West Virginia Medicaid Program.

POLICY

The member must have a significant health problem in the form of a neuromusculoskeletal condition necessitating treatment, and the manipulative services rendered must have a direct therapeutic relationship to the member's condition and provide reasonable expectation of recovery or improvement of function.

Coverage of chiropractic services for subluxation of the spine is limited to one treatment per day for a maximum of 12 treatments per calendar year without prior authorization. All chiropractic services beyond the initial 12 twelve will require prior authorization.

For members with the Alternative Benefits Plan there is a limit of 24 treatments per calendar year. An additional six treatments per year may be authorized if OT and PT services have not been utilized in combination with chiropractic services.

West Virginia Medicaid reimburses chiropractors for the professional and technical components of specific covered diagnostic radiology services if the chiropractor performs both parts of the procedure. Medicaid will provide reimbursement for only one interpretation of an x-ray and will not pay for a second confirmatory x-ray.

The manual manipulation must be directed to the spine to correct the subluxation. The precise level of the subluxation must be specified in the medical record and the symptoms pertinent to the treatment must be described. The patient's symptoms must be related to the documented level of subluxation. For example, if pain is the symptom, the pain's location must be stated and an indication given as to whether the listed vertebrae can cause the pain in the identified area.

For acute subluxation, the member is being treated for a new injury and the expected result of treatment is improvement in the member's condition. Chronic subluxation is not expected to completely resolve and the result of treatment is to be some functional improvement. Once the member's functional status has remained stable for the condition being treated, further manipulative treatment is considered "maintenance therapy" and is not covered.

The chiropractic manipulative treatment includes the pre-manipulation patient assessment and postservice work associated with the procedure. In addition, in performing manual manipulation of the spine, some chiropractors use manual devices that are hand-held with the thrust of the force being controlled manually. While such manual manipulation may be covered, no separate payment is permitted for use of manual devices.

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519.7.1 PRIOR AUTHORIZATION

All requests for covered services requiring prior authorization must be submitted to the UMC for medical necessity determination. Nationally accredited, evidence-based, medically appropriate criteria, such as InterQual, or other medical appropriateness criteria approved by BMS, is utilized for reviewing medical necessity of services requested. To request prior authorization, the chiropractor must access the BMS Utilization Management Contractor's (UMC) web-based portal.

An x-ray report must be submitted with the prior authorization request for spinal manipulations beyond the initial 12. The x-ray must be taken no more than three months prior to the date the additional spinal manipulations would be rendered in order to substantiate the necessity for continuing chiropractic care. The x-ray requirement is waived for pregnant women.

Retrospective authorization is available by the UMC in the following circumstances:

- A procedure/service denied by the member's primary payer, providing all requirements for the primary payer have been followed, including appeal processes; or
- Retroactive West Virginia Medicaid eligibility.

Refer to <u>Chapter 100, General Administration and Information</u> for additional information.

519.7.2 NON-COVERED SERVICES

Chiropractic manipulation is not covered when:

- 1. An absolute contraindication exists, such as:
 - a. Acute/healed fractures and dislocations, with signs of instability;
 - b. Malignancies that involve the vertebral column;
 - c. Infection of bones or joints of the vertebral column; or
 - d. Signs and symptoms of myelopathy or cauda equine syndrome
- 2. Mechanical or electrical equipment is used
- 3. The x-ray does not support one of the primary covered diagnoses

When further clinical improvement cannot reasonably be expected from continuous ongoing care, and the chiropractic treatment becomes supportive rather than corrective in nature, then the treatment is considered maintenance therapy. Maintenance therapy is not covered by West Virginia Medicaid.

Adjunctive therapies that are <u>not</u> covered include, but are not limited to:

- Diathermy
- Ultrasound stimulation
- Electrical stimulation
- Mechanical traction therapy
- Laboratory tests
- Mobile radiology services
- X-rays for soft tissue diagnosis
- Maintenance therapy

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- Hot and cold packs therapy
- Vasopneumatic device therapy
- Paraffin bath therapy
- Whirlpool therapy
- Infrared therapy
- Ultraviolet therapy

Non-Covered services are not eligible for DHHR Fair Hearings or Desk/Document Reviews.

GLOSSARY

Definitions in <u>Chapter 200, Definitions and Acronyms</u> apply to all West Virginia Medicaid services, including those covered by this chapter. Definitions in this glossary are specific to this chapter.

Chiropractic Manipulation: Application of a controlled force to restore normal articular function

Manual Manipulation: Use of the hands directed to the spine to correct subluxation. This refers to chiropractic services only.

Subluxation: A lack of motion, fixation, or abnormal motion of an articular joint, causing physiological changes within the joint that may result in joint inflammation, pain, nerve irritation, muscle spasm, swelling, joint cartilage damage, and loss of normal range of motion

REFERENCES

West Virginia State Plan Sections <u>3.1-A(6)(c)</u>, <u>3.1-B(6)(c)</u>, <u>Supplement 2 to Appendices 3.1-A and 3.1-B</u> in section (6)(c) and <u>4.19-B</u> reference chiropractic services.

CHANGE LOG

REPLACE	TITLE	CHANGE DATE	EFFECTIVE DATE
Entire Chapter	Chiropractic Services		January 15, 2016